

Paprika, Honey and Lime Glazed Salmon Side

EASY · 40 MINS

Fresh, zingy and light, this whole salmon side is roasted on a bed of limes and glazed with sticky paprikainfused honey. Finished with a gorgeous pickled cucumber salad we hope this dish will become a summer essential for years to come!



SKILL LEVEL Easy PREP TIME 10 mins

COOKING TIME 30 mins SERVINGS 4

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Ingredients

Glazed Salmon

- 1 skin-on salmon side, pin boned and trimmed (approx.1.2kg)
- 180g (½ cup) Capilano Pure Honey
- 1tsp sweet paprika
- ¹/₂ tsp garlic powder
- Zest of 1 lime
- 2 tbsp freshly squeezed lime juice
- 4-5 limes, sliced

Cucumber Pickle

- ½ cup red wine vinegar
- 90g (¼ cup) Capilano Pure Honey
- Zest 1 lime
- 1 tsp sea salt flakes
- 1/2 red onion, thinly sliced
- 1 Lebanese cucumber, thinly sliced

Method

1. Start by preparing the cucumber pickle. Whisk together vinegar, honey, lime zest and salt in a glass bowl until well combined. Add cucumber and onion, toss to combine and set aside for 1 hour, tossing twice during that time.

2. Preheat oven to 180°C (fan forced). Combine honey, paprika, garlic powder, lime juice and lime zest in a jug and whisk with a fork to combine. Line a large roasting dish with baking paper and place sliced lime slices down the centre of the dish.

3. Place the salmon skin-side down on the lime slices and brush with the salmon glaze reserving 1/3 of the mixture for later. Bake for 20-25 minutes or until the fish is almost cooked to your liking.

4. Preheat oven grill to high and brush salmon with the reserved glaze. Place salmon under the grill for 5-10 minutes until the salmon edges char and the glaze has caramelised. Serve immediately topped with extra glaze (if desired) and pickled cucumbers.

Used in this recipe



PURE HONEY

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