



Honey Yoghurt Cereal Bark

EASY • OVERNIGHT

This simple little recipe is the perfect chance to get creative in the kitchen with the kids. The base of honey, vanilla and yoghurt can be topped with your favourite cereals, fruits, nuts or even choc chips. A yummy after-school or party treat!



SKILL LEVEL
Easy

PREP TIME
15 mins

COOKING TIME
Freezing

SERVINGS
4

Ingredients

- 2 cups coconut yoghurt

Method

1. Line a 20x20cm square brownie tin with baking paper, or 24 x mini cupcake tray with paper cases.

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- 2 tbsp Capilano Honey
- 1 tsp Vanilla bean paste
- Cereals of choice including:
 - Fruit loops
 - Cornflakes (mixed with honey to make honey joys)

Method

2. In a mixing bowl, combine yoghurt, honey and vanilla, mix until smooth.
3. Spread yoghurt mixture into lined tray, or divide between cupcake cases evenly.
4. Top with cereal and allow to freeze for 3-6 or overnight until completely set. Break up into shards and store in an airtight container in the freezer until ready to serve.

Used in this recipe

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