



قرص خليا العسل من كاييلانو

20 دقيقة • بسيط

هذا القرص الخلي هو وصفة بسيطة وسهلة التحضير، يمكنك استخدامها كوجبة خفيفة أو كإضافة لوجباتك. يمكنك أيضًا استخدامها كهدايا صغيرة لأحبائك. - [معلومات إضافية](#).



مكونات
الخبز

مكونات
10 دقائق

وقت
15-12

Ingredients

- 1 كوب خبز
- 1 ¼ كوب سكر

Method

1. سخن الفرن على درجة حرارة 150 درجة مئوية. اخبز الخبز في الفرن لمدة 10 دقائق حتى يصبح ذهبي اللون.
2. اقطع الخبز إلى قطع صغيرة. اخلط السكر مع الخبز في وعاء كبير. اخبز الخليط في الفرن لمدة 3 دقائق حتى يصبح ذهبي اللون.

Visit capilano.com.au to learn how to swap honey for sugar in your recipes.

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- 180 ml (6 fl oz) Capilano Pure Honey
- 1 cup (240 ml) water
- 1/2 cup (120 ml) lemon juice

Directions: In a medium saucepan, combine honey, water, and lemon juice. Heat over medium heat, stirring constantly, until the mixture is thickened and bubbly. Remove from heat and serve warm.

Method

3. Heat honey, water, and lemon juice in a medium saucepan over medium heat, stirring constantly, until the mixture is thickened and bubbly.
4. Remove from heat and serve warm.
5. Add honey to your favorite recipes. It's a natural sweetener and contains 10-5 times more antioxidants than sugar.
6. Capilano honey is a natural sweetener and contains 10-5 times more antioxidants than sugar. It's a natural sweetener and contains 10-5 times more antioxidants than sugar!

Used in this recipe



Capilano Pure Honey

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