



Matcha Honey Face Mask

Active Manuka Honey. The beneficial properties have received praise for hundreds of years, but did you know it also makes a highly effective ingredient in skincare? Combine the benefits of two powerhouse ingredients: Green tea and Active Manuka Honey in this easy-to-make face mask.



SKILL LEVEL
Easy

PREP TIME
10 mins

SERVINGS
2

Ingredients

- 2 tsp Capilano Active Manuka Honey
- 1 tablespoon Matcha Green Tea
- 3-6 drops of your preferred essential oil

Method

1. Add all ingredients into a small bowl or jar, and use a Matcha Tea Whisk, fork or kitchen whisk to create a thick paste.
2. Apply liberally to damp skin and leave on for 15-20 minutes before rinsing off with warm water.

Visit [capilano.com.au](https://www.capilano.com.au) to learn how to swap honey for sugar in your recipes.

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- ½ tablespoon boiled water

Used in this recipe

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