

Paprika, Honey and Lime Glazed Salmon Side

EASY • 40 MINS

Fresh, zingy and light, this whole salmon side is roasted on a bed of limes and glazed with sticky paprikainfused honey. Finished with a gorgeous pickled cucumber salad we hope this dish will become a summer essential for years to come!



SKILL LEVEL Easy PREP TIME 10 mins

COOKING TIME 30 mins SERVINGS

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Ingredients

Glazed Salmon

- 1 skin-on salmon side, pin boned and trimmed (approx.1.2kg)
- 180g (½ cup) Capilano Pure Honey
- 1 tsp sweet paprika
- ½ tsp garlic powder
- Zest of 1 lime
- 2 tbsp freshly squeezed lime juice
- 4-5 limes, sliced

Cucumber Pickle

- ¹/₂ cup red wine vinegar
- 90g (¼ cup) Capilano Pure Honey
- Zest 1 lime
- 1 tsp sea salt flakes
- 1/2 red onion, thinly sliced
- 1 Lebanese cucumber, thinly sliced

Method

1. Start by preparing the cucumber pickle. Whisk together vinegar, honey, lime zest and salt in a glass bowl until well combined. Add cucumber and onion, toss to combine and set aside for 1 hour, tossing twice during that time.

2. Preheat oven to 180°C (fan forced). Combine honey, paprika, garlic powder, lime juice and lime zest in a jug and whisk with a fork to combine. Line a large roasting dish with baking paper and place sliced lime slices down the centre of the dish.

3. Place the salmon skin-side down on the lime slices and brush with the salmon glaze reserving 1/3 of the mixture for later. Bake for 20-25 minutes or until the fish is almost cooked to your liking.

4. Preheat oven grill to high and brush salmon with the reserved glaze. Place salmon under the grill for 5-10 minutes until the salmon edges char and the glaze has caramelised. Serve immediately topped with extra glaze (if desired) and pickled cucumbers.

Used in this recipe



Pure Honey

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A note on REDcycle

Unfortunately, the REDcycle scheme is no longer operational. This means that there is no collection of soft plastics available for customers at the present time. Industry is working hard to identify pathways to create

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new scheme(s). In the meantime, customers are advised to dispose of your empty Capilano pouch in the landfill bin.

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